



## **MISSIONARY PHYSICAL REQUIREMENTS**

***These are the things we need to smoothly complete your missionary physical.***

### ***Prior to your appointment:***

- Call our office at 435-586-7676 to schedule a nurse visit with one of our Medical Assistants, and schedule your missionary physical 2 days after the nurse visit.
- In your nurse visit we will place your TB test and give you a lab order for bloodwork.
- Go to a lab draw station (IHC) to have your bloodwork completed. The results will normally be sent to your provider within 2 days.

### ***Bring the following to your appointment for the physical:***

- Mission Paperwork Packet from the LDS church website, which includes:
  - Personal Health History Form
  - Additional Health History Form
  - Physician's Health Evaluation Form.
- Stamped envelope with your Bishop's name and address
- All Immunization Records
- Full bladder for a urine test
- Glasses or Contact Lenses for the eye exam portion of exam
- \$30 Payment for Self-Pay **or** Insurance Card

### ***After your Appointment:***

- Your Missionary packet will be submitted to your bishop for processing.
- You may need to return for additional immunizations. Some immunizations are only available at the Health Department.